



JASR Volume 2, Issue 1
Welcome from the Editors!

We are delighted to continue this scholarly journey as we deepen our collective understanding of the science and practice of Shanker Self-Reg®.

We extend our heartfelt thanks to Dr. Nina Mafrici, Dr. Susan Hopkins, Sarah King Audley, and Lindsay Samson for their thoughtful and constructive reviews. Their contributions were instrumental in shaping the direction of this volume.

Thank you for your interest in JASR. We look forward to your continued engagement and the inspiring dialogues yet to come.

To receive updates about JASR or the Applied Self-Regulation Knowledge (ASK) project, please contact anne@self-reg.ca.

Applied Self-Regulation Knowledge is published by ASK Applied Self-Regulation Knowledge Network in Peterborough, Ontario.